



Equipment List – Gasherbrum II

Personal Clothing

- Expedition style outer shell jacket w/hood - Gore-Tex style
- Outer Jacket – medium weight style (wind-stopper, etc)
- Full-zip outerwear shell pants or bibs - Gore-Tex style
- Thermal underwear – top: Polypro, Capilene, Merino-wool, etc. (2 pairs - *no cotton*)
- Thermal underwear – bottom: Polypro, Capilene, Merino-wool, etc. (2 pairs - *no cotton*)
- Thermal 1-piece suit; Capilene, Poly-pro, etc. (Optional in place of 1-set of Thermal top/bottoms)
- Pants – general climbing/hiking pant for all-round use and lower mountain travel (1 pair)
- Insulating pants - fleece, pile or synthetic; ideally with full side-zips for ease of on/off and venting (1 pair)
- Down pants with full side zips to get on over boots and crampons (1 pair)
- Expedition parka – down-filled with full hood (1)
- Expedition 1-piece down suit (optional for upper mountain)
- Sweater or vest - wool, fleece or down (1)
- Socks - synthetic, wool or wool blend (4-6 pr)
- Vapor barrier socks – optional, not required with closed-cell foam liners (1 pr)
- Liner socks (thin synthetic type) (2-3 pr)
- Toque - wool or fleece warm hat (1)
- Extra toque/warm hat
- Balaclava (1 lightweight and one heavyweight)
- Neoprene face mask (optional)
- Hat with sun visor (baseball cap, etc) (1)
- Bandannas (1-2)

Footwear

- Boots – High-altitude mountaineering boots with expedition liners (Millet “Everest” or Sportiva “Olympus Mons”); or, double plastic mountaineering boots with Alveolite liners.
- Over-boots – complete insulated over-boot (not required for single high altitude style boots)
- Approach shoes/boots – sturdy shoes for rough rocky trails on the approach to Base Camp and side trips
- Gaiters – standard mountaineering style for lower mountain (1 pair)
- Insulated booties – optional but nice in the tents
- Camp boots – insulated boots for around base camp - optional but useful

Camp gear

- Expedition sleeping bag - good to minus 40 Celsius range, used on the upper mountain. Down is best for warmth and weight
- Sleeping bag - good to minus 20 Celsius range, used on approach and in Base Camp to save carrying bag up and down upper mountain.
- Sleeping bag liner – optional but a nice luxury
- Sleeping pad - Thermarest type inflatable (1 for upper mountain and 1 to leave at Base Camp)
- Sleeping pad - Ensolite type (1 for upper mountain underneath inflatable)

Personal Equipment

- Backpack - internal frame, approx. 70 - 80 litres (1)
- Daypack for approach
- Sunglasses with side shields, nose shield and high-altitude lenses (1 pr + 1 pr extras)
- Ski goggles – sized to fit over prescription glasses if you need them
- Personal kit - (hand sanitizer, toothbrush, foot powder, etc.)
- Personal 1st aid (blister kit, medications, etc.)
- Misc. personal items (camera, books, journal, music player, etc.)
- Water bottles w/insulation covers - minimum 3 litres
- Knife – small pocket knife
- Sunscreen and lip screen – 2 small tubes (min. 40 spf & waterproof)
- Heating pads for hands/feet (6-8 sets)
- Collapsible ski/walking poles (1 pr)

Glove systems

- Gloves (medium weight) – wind-stopper, wool or fleece (2 pr)
- Expedition style gloves w/removable liners (1 pr + extra liners)
- Expedition Overmitts – must have room for gloves inside (1 pr)

Technical Equipment

- Crampons – “step-in” style adjusted to boots; and, to over-boots if needed (1 pr)
- Ice axe - 60 to 70 cm general mountaineering ax – no technical ice tools
- Climbing harness - lightweight alpine style harness with gear loops – must fit over all outerwear and insulated clothing
- 3 locking & 4 non-locking carabiners
- 1x 120 cm sewn webbing sling
- 2 x 5m lengths of 7 mm accessory cord for prusiks
- 1 mechanical ascender
- Belay device

In addition, consider clothes and personal gear for general traveling plus any extras for Base Camp.